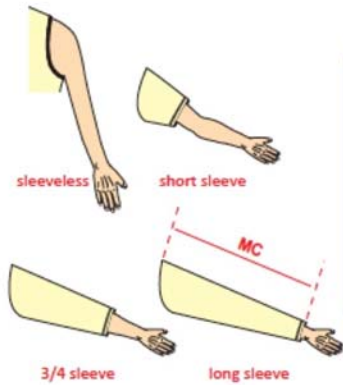


WOMEN set in sleeve

WOMEN sleeveless

	Size(cm)	KIDS				ADULTS									
		6	8	10	12	XS	S	M	L	XL	2XL	3XL	4XL	5XL	
WA	Chest Width	40	42	44	46	48	50	52	54	56	58	60	62	64	
WB	Length from HSP	61	62	63	64	65	66	67	68	69	70	71	73	75	
	Long sleeve length	45	46	47	48	49	50	51	52	53	54	55	56	57	

*Tolerance of 1-2cm is considered acceptable

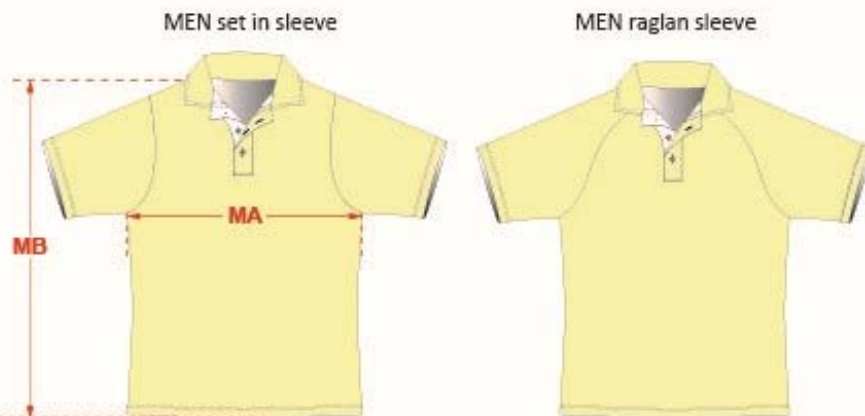


How to get the best size:

1. Find a shirt that you wear at the moment and fits you comfortably.
2. Measure the Chest Width (Arm pit - Arm pit).
3. Correspond that measurement to our size chart. For example: If your shirt measures 54cm across the chest, then you would be a Large.

Please note: Promocomer/ Spida Sports will not take any responsibility for shirts that have been ordered in the wrong size. No refunds will be given.

If you require extra width or length please let one of our staff know. We can organise custom sizes for a small fee.



MEN POLO

	Size(Inch)	4	6	8	10	12	14	Xs	S	M	L	XL	2XL	3XL	4XL	5XL	6XL	7XL
MA	Chest Width	14	16	16.5	18.5	17	18	21.5	21	22.5	23.5	24.5	26.5	27.5	28	30.5	32	33.5
MB	Length from H&P	19	19.5	23	24.5	25.5	26.5	27.5	28.5	29	30	30.5	31.5	33	34.5	36	36	38

*Tolerance of 0.6in is considered acceptable



How to get the best size:

1. Find a shirt that you wear at the moment and fits you comfortably.
2. Measure the Chest Width (Arm pit - Arm pit).
3. Correspond that measurement to our size chart. For example: If your shirt measures 23.5in across the chest, then you would be a Large.

Please note: Promocomer/ Spida Sports will not take any responsibility for shirts that have been ordered in the wrong size. No refunds will be given.

If you require extra width or length please let one of our staff know. We can organise custom sizes for a small fee.